



What Will The New Year Bring?

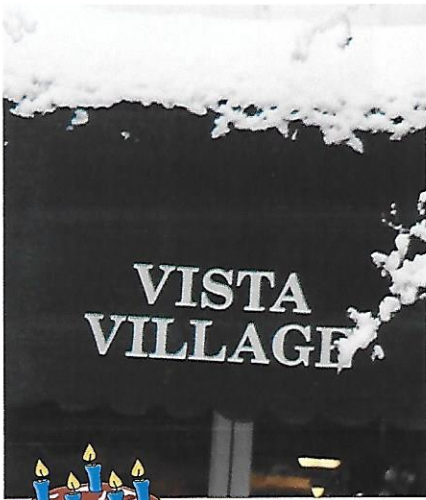
While we wonder what the New Year will bring, we can set our attention to the present and mindfully live each and every day as it presents itself. If we live totally in the present, not only will the holidays have more meaning, but each day will open our eyes to miracles we have never seen before.



Special Events for our Winter Months.



1. ***Vista Village Christmas*** — Friday December 20 , from 4 to 6 PM. Santa has his list of naughty and nice. Will you be getting a gift or some coal? Dinner is provided by Vista Village.
2. ***Our traditional New Year's Eve Gathering*** will be on Monday, December 31, at 6 PM. We will serve hors d'oeuvre and champagne (both loaded and unloaded). We will have our own Ball Dropping from the ceiling. Come join us.
3. ***Valentine's Day Party*** — Friday, February 14, at 2 PM. We will crown a new King and Queen, eat snacks and celebrate the love we have for one another here at Vista Village.



Birthdays

December

Clifton B. 12/25
 Jeff M. 12/2

January

Dorothy R. 1/1
 Sarah K. 1/1
 Roylene R. 1/4
 Pat A. 1/12
 Leslie B. 1/13
 Bobbie N. 1/21
 Jeff N. 1/29

February

Bill V. 2/8
 Dot L. 2/10

Staff Birthdays

January

Evette 1/14

February

Naomi 2/18
 Janie 2/20
 Paula 2/25



Winter is upon us in Texas. Here are some tips to making it through the **cold** weather:

1. Wash your hands more often. Carry a pocket size hand sanitizer with you and use it, especially when you go to places like the grocery store.
2. Cover your mouth when you cough. Cough into your elbows not your hands.
3. Take a sweater with you, when you go out. The temperature can drop quickly without the weatherman's permission.
4. Make sure you are drinking plenty of water, and if you can, increase your vitamin C intake.
5. If you have difficulty with your thermostat, let the office know and we can help you set the temperature to a comfortable level.
6. Protect your pet from bad weather. Limit their exposure to cold and rain.



Staff Anniversaries

December

Monique 12/1
 (1 year)

January

Sara 1/29
 (1 year)



February

Sharla 2/1
 (2 years)



Winter Gardening

Even though we are not going to plant anything until the spring, we want to thank all the Vista Village residents that helped with the purchases, the digging in the dirt, and watering front and backyards. A special thanks to Maryann, Sara, both Bills, Edith and Auntie Dot. Though the winter months limit the colors we enjoy, we will be awash with color again in the spring.